

Job Description: Personal Trainer

Department: Recreation
Reports To: Superintendent of Recreation & Fitness
Classification: Part-Time, Non-Exempt, At-Will

Qualifications

- Graduate from High School; experience/training in the fitness industry.
- Must have an accredited personal training certification such as NSCA, ACSM, ACE, ISSA, or NSCA
- Bilingual candidates (Spanish/English) strongly encouraged to apply
- Candidates with group fitness experience are encouraged to apply

Essential Functions

- Provide quality customer service to all members and guests
- Knowledgeable about all aspects of the mission and services of the Flagg-Rochelle Park District
- Responsible for sales goals established by leadership team
- Assume the responsibility of training clients interested in increasing fitness levels, losing weight & entering competitions
- Provide clients with safe, reasonable exercises that they can perform in the gym as well as at home
- Provide excellent communication to clients on scheduling, etc.
- Talk to members of the gym about their goals and introduce them to our personal training packages
- Lead group fitness classes when necessary
- Be visible at the gym for new client acquisition and to meet members
- Advise clients about important safety concerns and demonstrate exercises or maneuvers as needed

Marginal Functions

- Performs other duties as assigned by supervisor.
- The District encourages its employees to “take ownership” of the District. As such, it is the responsibility of all Park District employees to pick up litter throughout the building, grounds and facilities of the District.
- Staff is expected to help with the successful implementation of programs, parks and services across program areas and between departments.

Safety

- All Employees will be responsible for implementing the policies and procedures that pertain to safety and health.

Psychological Considerations

- Should have ability to deal with other people in stressful situations; customer service.

Physiological Considerations

- Should be able to demonstrate all exercises to clients.

Cognitive Considerations

- Should exhibit good communication and problem-solving abilities and good judgment in keeping with the Park District mission. Should be able to follow directions from supervisor and co-workers.

To Apply

Please send resume to: **Flagg-Rochelle Community Park District**
Attn: Fitness
802 Jones Road
Rochelle, IL 61068
mail@rochelleparkdistrict.org

The Flagg-Rochelle Community Park District is an Equal Opportunity Employer.